

1 Trigonometric Substitutions, §7.3

In this section of the textbook we will be presented with difficult integrands that contain a function of x that looks like:

$$\boxed{\sqrt{a^2 - x^2}, \quad \sqrt{a^2 + x^2}, \quad \sqrt{x^2 - a^2}}.$$

In general we will be looking to make a substitution, but in these cases our substitution will be another function with another parameter. To make our calculations simpler, we need to make these *new* functions invertible, that is, they should be *one-to-one*. For example, here we're using a new invertible function $g(\theta)$ to rewrite the integrand $f(x)$:

$$\int f(x) \, dx = \int f(g(\theta)) \, g'(\theta) \, d\theta,$$

which really looks like classic u -substitution, and it may even be referred to as *inverse u -substitution* by some in the *mathematical digerati*. So let's take a look at some examples, and I will divide it into three cases.

1. The integrand contains an expression of the form $\sqrt{a^2 - x^2}$, just use $x = a \sin \theta$. Now as you already know, the sine function is not invertible, so we need to restrict the domain of $\theta \in [-\pi/2, \pi/2]$, and will use $1 - \sin^2 \theta = \cos^2 \theta$ to help simplify the integral. It should be noted that in general, $\sqrt{\cos^2 \theta} = |\cos \theta|$, but for the restricted domain of theta, we have $\sqrt{\cos^2 \theta} = \cos \theta$.

Example:

$$\int \sqrt{1 - 9x^2} \, dx = 3 \int \sqrt{1/9 - x^2} \, dx$$

Now let $x = \frac{\sin \theta}{3}$, then $3 \, dx = \cos \theta \, d\theta$.

$$\begin{aligned} 3 \int \sqrt{1/9 - x^2} \, dx &= \int^* \sqrt{\frac{1 - \sin^2 \theta}{9}} \cos \theta \, d\theta \\ &= \frac{1}{3} \int^* \sqrt{1 - \sin^2 \theta} \cos \theta \, d\theta \\ &= \frac{1}{3} \int^* \sqrt{\cos^2 \theta} \cos \theta \, d\theta \\ &= \frac{1}{3} \int^* \cos \theta \cos \theta \, d\theta \\ &= \frac{1}{3} \int^* \cos^2 \theta \, d\theta \end{aligned}$$

¹This document was prepared by Ron Bannon (ron.bannon@mathography.org) using L^AT_EX 2_ε. Last revised January 10, 2009.

Recalling the methods from the prior worksheet, we're going to make use of,

$$\cos^2 \theta = \frac{\cos 2\theta + 1}{2},$$

to continue the process.

$$\begin{aligned} \frac{1}{3} \int^* \cos^2 \theta \, d\theta &= \frac{1}{3} \int^* \frac{\cos 2\theta + 1}{2} \, d\theta \\ &= \frac{1}{3} \left(\frac{\sin 2\theta}{4} + \frac{\theta}{2} \right) + C \\ &= \frac{\sin 2\theta}{12} + \frac{\theta}{6} + C \end{aligned}$$

Okay, I really hate to say it, but we need to return to original variable, x . Yikes!²

$$\int \sqrt{1-9x^2} \, dx = \boxed{\frac{x\sqrt{1-9x^2}}{2} + \frac{\arcsin 3x}{6} + C}$$

Give Mathematica a try and see how quickly it does this integral, and it is in full agreement with our result!

2. The integrand contains an expression of the form $\sqrt{a^2 + x^2}$, just use $x = a \tan \theta$. Now as you already know, the tangent function is not invertible, so we need to restrict the domain of $\theta \in (-\pi/2, \pi/2)$, and will use $1 + \tan^2 \theta = \sec^2 \theta$ to help simplify the integral. It should be noted that in general, $\sqrt{\sec^2 \theta} = |\sec \theta|$, but for the restricted domain of theta, we have $\sqrt{\sec^2 \theta} = \sec \theta$.

Example:

$$\int \frac{1}{x^2 \sqrt{x^2 + 4}} \, dx$$

Now let $x = 2 \tan \theta$, then $dx = 2 \sec^2 \theta \, d\theta$.

$$\begin{aligned} \int \frac{1}{x^2 \sqrt{x^2 + 4}} \, dx &= \int^* \frac{1}{4 \tan^2 \theta \sqrt{4 \tan^2 \theta + 4}} 2 \sec^2 \theta \, d\theta \\ &= \int^* \frac{2 \sec^2 \theta}{8 \tan^2 \theta \sec \theta} \, d\theta \\ &= \frac{1}{4} \int^* \frac{\sec \theta}{\tan^2 \theta} \, d\theta \\ &= \frac{1}{4} \int^* \frac{\cos \theta}{\sin^2 \theta} \, d\theta \end{aligned}$$

Oh, another substitution is in order. This time we will let $u = \sin \theta$, then $du = \cos \theta \, d\theta$.

$$\begin{aligned} \frac{1}{4} \int^* \frac{\cos \theta}{\sin^2 \theta} \, d\theta &= \frac{1}{4} \int^{**} \frac{1}{u^2} \, du \\ &= \frac{1}{4} \int^{**} u^{-2} \, du \\ &= -\frac{1}{4u} + C \\ &= -\frac{1}{4 \sin \theta} + C \end{aligned}$$

²I'll do the trigonometry in class, it's really not *too* bad.

Again, I really hate to say it, but we need to return to original variable, x . Yikes!³

$$\int \frac{1}{x^2 \sqrt{x^2 + 4}} dx = \boxed{-\frac{\sqrt{x^2 + 4}}{4x} + C}$$

Give Mathematica a try and see how quickly it does this integral, and it is in full agreement with our result!

3. The integrand contains an expression of the form $\sqrt{x^2 - a^2}$, just use $x = a \sec \theta$. Now as you already know, the secant function is not invertible, so we need to restrict the domain of $\theta \in [0, \pi/2) \cup [\pi, 3\pi/2)$, and will use $\tan^2 \theta = \sec^2 \theta - 1$ to help simplify the integral. It should be noted that in general, $\sqrt{\tan^2 \theta} = |\tan \theta|$, but for the restricted domain of theta, we have $\sqrt{\tan^2 \theta} = \tan \theta$.

Example:

$$\int_{\sqrt{2}/3}^{2/3} \frac{1}{x^5 \sqrt{9x^2 - 1}} dx$$

Now let $3x = \sec \theta$, then $3 dx = \sec \theta \tan \theta d\theta$.

$$\begin{aligned} \int_{\sqrt{2}/3}^{2/3} \frac{1}{x^5 \sqrt{9x^2 - 1}} dx &= \int_{\pi/4}^{\pi/3} \frac{3^4}{\sec^5 \theta \sqrt{\sec^2 \theta - 1}} \sec \theta \tan \theta d\theta \\ &= 81 \int_{\pi/4}^{\pi/3} \cos^4 \theta d\theta \end{aligned}$$

Once again, recalling the methods from the prior worksheet, we're going make use of,

$$\cos^2 \theta = \frac{\cos 2\theta + 1}{2},$$

to continue the process.

$$\begin{aligned} 81 \int_{\pi/4}^{\pi/3} \cos^4 \theta d\theta &= 81 \int_{\pi/4}^{\pi/3} \left(\frac{\cos 2\theta + 1}{2} \right)^2 d\theta \\ &= 81 \int_{\pi/4}^{\pi/3} \frac{\cos^2 2\theta + 2 \cos 2\theta + 1}{4} d\theta \\ &= 81 \int_{\pi/4}^{\pi/3} \frac{\cos^2 2\theta}{4} + \frac{\cos 2\theta}{2} + \frac{1}{4} d\theta \\ &= 81 \int_{\pi/4}^{\pi/3} \frac{\cos 4\theta + 1}{8} + \frac{\cos 2\theta}{2} + \frac{1}{4} d\theta \\ &= 81 \int_{\pi/4}^{\pi/3} \frac{\cos 4\theta}{8} + \frac{\cos 2\theta}{2} + \frac{3}{8} d\theta \end{aligned}$$

Okay, now it can be evaluated!

$$\begin{aligned} 81 \int_{\pi/4}^{\pi/3} \frac{\cos 4\theta}{8} + \frac{\cos 2\theta}{2} + \frac{3}{8} d\theta &= 81 \left(\frac{\sin 4\theta}{32} + \frac{\sin 2\theta}{4} + \frac{3\theta}{8} \right) \Big|_{\pi/4}^{\pi/3} \\ &= \boxed{\frac{567\sqrt{3}}{64} + \frac{81\pi}{32} - \frac{81}{4}} \end{aligned}$$

³I'll do the trigonometry in class, it's really not *too* bad.

1.1 Examples

1. Integrate. $\int \frac{x^2}{(4-x^2)^{3/2}} dx$

2. Integrate.⁴ $\int \sqrt{4x^2+20} dx$

3. Integrate. $\int \frac{1}{x^2\sqrt{x^2-9}} dx$

⁴You may find useful, a reduction formula:

$$\int \sec^m x dx = \frac{\tan x \sec^{m-2} x}{m-1} + \frac{m-2}{m-1} \int \sec^{m-2} x dx.$$

1.2 Solutions

1. Integrate. $\int \frac{x^2}{(4-x^2)^{3/2}} dx$

Work: Let $x = 2 \sin \theta$, then $dx = 2 \cos \theta d\theta$.

$$\begin{aligned}\int \frac{x^2}{(4-x^2)^{3/2}} dx &= \int \frac{x^2}{(\sqrt{4-x^2})^3} dx \\ &= \int^* \frac{4 \sin^2 \theta}{(\sqrt{4-4 \sin^2 \theta})^3} 2 \cos \theta d\theta \\ &= \int^* \frac{4 \sin^2 \theta}{(2 \cos \theta)^3} 2 \cos \theta d\theta \\ &= \int^* \frac{4 \sin^2 \theta}{8 \cos^3 \theta} 2 \cos \theta d\theta \\ &= \int^* \frac{8 \sin^2 \theta}{8 \cos^2 \theta} d\theta \\ &= \int^* \tan^2 \theta d\theta\end{aligned}$$

Now what? Looks like we're stuck? No, not yet!

$$\begin{aligned}\int^* \tan^2 \theta d\theta &= \int \sec^2 \theta - 1 d\theta \\ &= \tan \theta - \theta + C\end{aligned}$$

Now, of course, we will need to return the original variable x .

$$\int \frac{x^2}{(4-x^2)^{3/2}} dx = \boxed{\frac{x}{\sqrt{4-x^2}} - \arcsin \frac{x}{2} + C}$$

Mathematica produces the same result.

2. Integrate. $\int \sqrt{4x^2 + 20} dx$

Work: Let's start. We're letting $x = \sqrt{5} \tan \theta$, then $dx = \sqrt{5} \sec^2 \theta d\theta$

$$\begin{aligned}\int \sqrt{4x^2 + 20} dx &= 2 \int \sqrt{x^2 + 5} dx \\ &= 2 \int^* \sqrt{5 \tan^2 \theta + 5} \sqrt{5} \sec^2 \theta d\theta \\ &= 2 \int^* \sqrt{5 \sec^2 \theta} \sqrt{5} \sec^2 \theta d\theta \\ &= 10 \int^* \sec^3 \theta d\theta\end{aligned}$$

Now using the reduction formula with $m = 3$ we get:

$$10 \int^* \sec^3 \theta d\theta = 10 \left(\frac{\tan \theta \sec \theta}{2} + \frac{1}{2} \int^* \sec \theta d\theta \right) = 5 \tan \theta \sec \theta + 5 \int^* \sec \theta d\theta.$$

I hope you at least *recognize* the remaining integral.

$$5 \tan \theta \sec \theta + 5 \ln |\sec \theta + \tan \theta| + C.$$

Now we must return to the original variable.

$$\int \sqrt{4x^2 + 20} \, dx = \boxed{x\sqrt{x^2 + 5} + 5 \ln \left| \frac{\sqrt{x^2 + 5} + x}{\sqrt{5}} \right| + C}$$

3. Integrate. $\int \frac{1}{x^2\sqrt{x^2 - 9}} \, dx$

Work: Here I am using $x = 3 \sec \theta$, then $dx = 3 \sec \theta \tan \theta \, d\theta$.

$$\begin{aligned} \int \frac{1}{x^2\sqrt{x^2 - 9}} \, dx &= \int^* \frac{1}{9 \sec^2 \theta \sqrt{9 \sec^2 \theta - 9}} 3 \sec \theta \tan \theta \, d\theta \\ &= \frac{1}{9} \int^* \frac{\sec \theta \tan \theta}{\sec^2 \theta \tan \theta} \, d\theta \\ &= \frac{1}{9} \int^* \cos \theta \, d\theta \\ &= \frac{1}{9} \sin \theta + C \end{aligned}$$

Returning to the original variable.

$$\int \frac{1}{x^2\sqrt{x^2 - 9}} \, dx = \boxed{\frac{\sqrt{x^2 - 9}}{9x} + C}$$